

Basic Naturals™, LLC

5742 WEST HAROLD GATTY DRIVE
SALT LAKE CITY, UT 84116
Phone 801-517-7000 Fax 801-517-7003

December 29, 2004

VIA: Certified Mail

Food and Drug Administration
200 C Street S.W.
Washington, DC 20204


Re: Notification Pursuant to Section 6 of DSHEA and 21 CFR §101.93

Dear Sir or Madam:

Enclosed please find the Notification Pursuant to Section 6 of DSHEA and 21 CFR §101.93 for the dietary supplement product Estrin-D™. This notification is on behalf of Basic Naturals™, LLC.

Please review the information at your earliest convenience. Please contact me with any questions or if there is any further information I can provide regarding this matter.

Sincerely,



Heather Sprik
Legal Assistant

Enclosure

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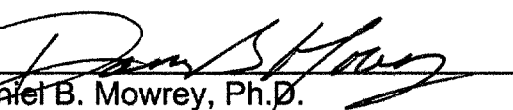
6	Estrin-D™ – 120ct. Bottle
7	Estrin-D™ – 120ct. Bottle
8	Estrin-D™ – 120ct. Bottle

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Basic Naturals™, LLC	both
2	Basic Naturals™, LLC	both
3	Basic Naturals™, LLC	both
4	Basic Naturals™, LLC	both
5	Basic Naturals™, LLC	both
6	Basic Naturals™, LLC	both
7	Basic Naturals™, LLC	both
8	Basic Naturals™, LLC	both

I, Daniel B. Mowrey, Ph.D., am authorized to certify this Notification on behalf of Basic Naturals™, LLC. I certify that the information presented and contained in this Notification is complete and accurate, and that Basic Naturals™, LLC has substantiation that each structure-function statement is truthful and not misleading.

Dated this 27th day of December, 2004.

By: 
 Daniel B. Mowrey, Ph.D.
 Consultant to Basic Naturals™, LLC

NOTE: For persons sensitive to the effects of xanthines (i.e., caffeine and caffeine-like stimulants), start by taking only 1 capsule and do not exceed a total of 2 capsules per day. Limit the use of caffeine-containing medications, foods or beverages while taking this product because too much caffeine may cause nervousness, irritability, sleeplessness and occasionally, rapid heart beat. For additional information on this or any other Basic Naturals™ product, please call our experienced customer service representatives at: 1-800-898-5153.

WARNING: This product contains a significantly potent xanthine (i.e., caffeine and caffeine-like stimulants) mixture, in excess of 100 mg per regular 2-capsule serving. Therefore, Estrin-D™ is not intended for use by pregnant or lactating women. Consult your physician before use, especially if you are sensitive to stimulants. For occasional use only. Not intended for use by persons under 40 years of age. Do not use if you have a medical condition, or are taking prescription medications, without consulting your medical professional. If your health-care provider has any questions, ask him or her to call 1-800-898-5153.

KEEP OUT OF REACH OF CHILDREN.

Use only as directed. Store at controlled room temperature 15°-30°C/59°-86°F

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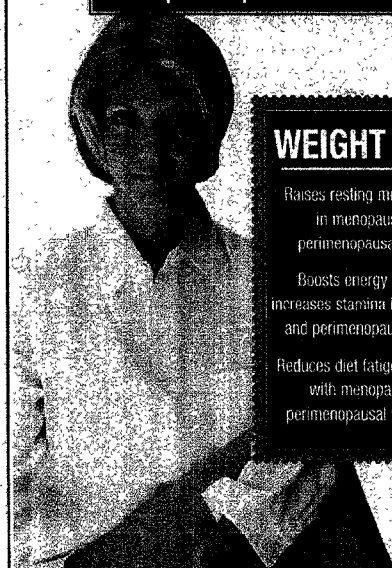


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ESTRIN-D™

The first and only "diet pill" specifically designed for menopausal and perimenopausal women*



WEIGHT LOSS*

Raises resting metabolic rate in menopausal and perimenopausal women*

Boosts energy levels and increases stamina in menopausal and perimenopausal women*

Reduces diet fatigue associated with menopausal and perimenopausal weight loss*

THIS PRODUCT CONTAINS CAFFEINE

DIETARY SUPPLEMENT | 120 CAPSULES

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 60

	Amount Per Serving	% Daily Value†
Vitamin B6	25mg	1250%
Magnesium (as oxide)	100mg	25%
Estrin-D™	1103mg	
a proprietary blend containing:		
Yerbe Maté (leaf) SE		†
Caffeine	100mg	†
Guarana (seed) SE		†
Damiana (leaf, stem) SE		†
Green Tea (leaf) SE		†
Ginger (root)		†
Kola nut SE		†
DHEA		†
Schisandra (fruit)		†
Scutellaria (root) SE		†
Tibetan ginseng (root) SE		†
Cocoa nut SE		†
JuJube (fruit)		†
Thea sinensis complex (leaf) SE		†

†Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

Other Ingredients: rice flour

This product is manufactured to be within all acceptable industry variances.

Standardized Extract (SE) means an extraction process providing the highest quality compound manufactured to acceptable industry variances.

Weight Control Component: Yerbe Maté, Guarana and Damiana (US Pat. No. 5,945,107)

Energy Component: Xanthines

Hormonal Support: DHEA

Distributed by:

Customer Service Distribution Center

Salt Lake City, UT 84116

1-800-898-5153

Product resale allowed only through authorized representatives. International distribution not authorized without prior written approval.

Manufactured in the U.S.A.

www.BASICNATURALS.com

ESTRIN-D™ DIRECTIONS: Take two capsules with a full glass of water, 15-30 minutes before main meals. Not to exceed 2 servings in any 8-hour period. Do not exceed 6 capsules per day.



MENOPAUSE. It's more than hot flashes and mood swings. It's about gaining weight. You exercise... you barely eat... and you still put on the pounds (in places you never gained weight before).

But now, there's Estrin-D™. The first and only "diet pill" specifically developed to help menopausal and perimenopausal women lose weight.* Estrin-D is clinically shown to increase resting metabolic rate, boost energy levels and increase stamina in menopausal and perimenopausal women.* Estrin-D helps overcome your physical and emotional changes.* So, for the first time... in a long time... losing weight is easy.

Estrin-D will change your life. The first and only "diet pill" designed to help menopausal and perimenopausal women lose weight.* Estrin-D. You'll lose weight. You'll love it!